

# PRÁCTICA (C)

# INGLÉS

Para la prueba N°.2  
Bachillerato a tu medida  
2019

### Recomendaciones para realizar la práctica

1. Esta práctica contiene 50 ítems de selección única.
2. Lea cuidadosamente cada uno de los ítems.
3. Resuelva cada ítem y elija una respuesta de las cuatro opciones (A, B, C, D) que se le presentan.
4. Una vez realizada la práctica, revise sus respuestas con el solucionario que aparece al final.
5. Se le sugiere repasar los contenidos y objetivos que le presenten mayor dificultad, previo a la realización de la prueba.

SELECCIÓN ÚNICA

50 ÍTEMS

Read the text.

### WOMEN BREAST CANCER

Women's breasts are capable of producing milk once a child is born (after pregnancy). The breast cells grow normally and divide in an orderly way. Nevertheless, some of these cells sometimes grow abnormally producing a mass or tumor. A bad tumor can spread the cancerous cells through the whole blood system.

Breast cancer is the most common cancer among women of occidental countries, and it remains as the first cause of death in women between 35 to 55 years old. Regarding this increasing incident, the treatments are becoming more effective. In the past, women didn't do breast self-exams; however, the detection and prevention are among the doctors' recommendations. therefore, women have to start doing breast self-exams regularly.



Adapted from Diario Extra

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 1 to 4)

- 1) The blood system is responsible for the spread of \_\_\_\_\_.
- A) cancerous cells
  - B) the production of milk
  - C) normal growth of cells
  - D) new cases of pregnant women

- 2) Breast cancer is the most \_\_\_\_\_.
- A) normal growth of cells in the body
  - B) important cause of death in children
  - C) common kind of cancer among women
  - D) usual kind of cancer after being pregnant
- 3) The people most affected by breast cancer are \_\_\_\_\_.
- A) only pregnant women
  - B) women from 35 to 55 years old
  - C) females from 18 to 35 years old
  - D) men and women from 18 to 35 years old
- 4) Doctors recommend \_\_\_\_\_.
- A) getting pregnant
  - B) practicing breast self-exams
  - C) avoiding preventive measures
  - D) using less effective treatments

Read the text.

## DENGUE

Dengue fever and dengue hemorrhagic fever (DHF) are an acute disease found in the tropics and some parts of Africa, with a spread similar to malaria, and it is transmitted to humans by the *Aedes Aegypti* mosquito.

This infectious disease is firstly manifested by a sudden fever, with severe headache, muscle pains and rashes. The dengue rash is characteristically bright, red and usually appears first on the lower part of the chest; and then it covers most of the body. There may also be gastritis with some combination of associated abdominal pain, nausea, vomiting or diarrhea when the illness is stronger.

Some cases develop symptoms which, when no rash is present, can be misdiagnosed as influenza or other viral infection. The classic dengue fever lasts about six to seven days, with smaller peak of fever.



Adapted from the Internet

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 5 to 8)

- 5) The primary dengue transmitters are \_\_\_\_\_.
- A) sick patients
  - B) different types of mosquitoes
  - C) the *Aedes Aegypti* mosquitoes
  - D) contaminated products with blood
- 6) The first dengue symptom a patient gets is \_\_\_\_\_.
- A) fever
  - B) vomiting
  - C) nausea
  - D) abdominal pain

- 7) A symptom from dengue is \_\_\_\_\_.
- A) malaria
  - B) influenza
  - C) viral infection
  - D) severe headache
- 8) When the sickness gets stronger, it can cause \_\_\_\_\_.
- A) a peak of fever
  - B) classic dengue
  - C) vomiting or gastritis
  - D) different viral infections

Read the text.

### CELEBRATING COSTA RICA'S DEMOCRACY

Civil elections have shown that Costa Rica's democracy is an example of stability in Central America. The Costa Rican political system defined by the 1949 Constitution as a democratic republic, is run by an elected president and the Council of Government; a 19-member cabinet chosen by the president. The Legislative Assembly, composed of 57 elected members, represents the country's seven provinces. Candidates for the presidential election must be secular citizens.

Voting is required by all citizens over the age of 18. Elections are held every four years on the first Sunday in February, and are overseen by the Supreme Electoral Tribunal.

Each canton is served by a municipal council which runs its everyday affairs. Civil elections show the benefits of the stability enjoyed by a country that has been without an army for more than a half a century.



Adapted from [www.democrachronicles.com/costa-ricas-democracy](http://www.democrachronicles.com/costa-ricas-democracy)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 9 to 12)

- 9) For almost seventy years, Costa Ricans have lived without \_\_\_\_\_.
- A) elections
  - B) a president
  - C) armed forces
  - D) a Legislative Assembly

10) Costa Ricans defined their democratic system \_\_\_\_\_.

- A) before 1949
- B) fifty years ago
- C) in their Constitution
- D) in their last elections

11) Candidates for the presidency have to be \_\_\_\_\_.

- A) secular citizens
- B) eighteen years old
- C) members of the Assembly
- D) members of a municipal council

12) The Legislative Assembly has \_\_\_\_\_.

- A) nineteen members
- B) fifty-seven members
- C) a cabinet chosen by citizens
- D) a cabinet of nineteen people

Read the text.

### TICOS IN OTHER COUNTRIES VOTED USING PAPER BALLOTS

For the 2014 Presidential Elections, the Supreme Election Tribunal (TSE) postponed the implementation of e-voting with electronic devices for Costa Rican citizens living abroad, as there was not enough time to conduct required tests with the ultra-book computers before election day.

The TSE intended to conduct at least six simulated voting tests before elections, but according to current embassy schedules, there was only time to perform two simulations before elections. The TSE Election Registry Director said that the alteration did not involve any budget or major logistical changes, since the TSE had enough ballots, as well as all the required material and documentation for Ticos registered abroad. Poll centers opened from 9:00 a.m. to 7:00 p.m. (local time), a schedule selected to ease the process.



Adapted from [www.ticotimes.net](http://www.ticotimes.net)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 13 to 16)

- 13) The TSE did not implement e-voting because \_\_\_\_\_.
- A) it was unsafe
  - B) the process was expensive
  - C) there was not enough money to buy computers
  - D) there was not enough time to test the computers

- 14) Before elections, the TSE planned to \_\_\_\_\_.
- A) avoid using e-voting
  - B) carry out six voting tests
  - C) use ballots for voters abroad
  - D) implement e-voting in Costa Rica
- 15) For the 2014 elections, Costa Ricans living abroad \_\_\_\_\_.
- A) voted online
  - B) used paper ballots to vote
  - C) placed their votes by e-mail
  - D) used electronic devices to cast their votes
- 16) Costa Ricans abroad could vote \_\_\_\_\_.
- A) through the Internet
  - B) without their identification
  - C) with ultra-book computers
  - D) from nine in the morning until seven at night

Read the ad.

### JOB OPPORTUNITIES IN COSTA RICA

“*Properties in Costa Rica*” is the fastest growing Costa Rican real estate company. We offer job opportunities in the following areas:

- Real estate sales
- Property management

#### Requirements:

- fast-learning people
- active and dynamic people
- people with knowledge in technology, the Internet and computers
- people with flexibility to work in the Central Valley and the coastal areas
- be fully bilingual, oral and written (English-Spanish)
- have their own car in good condition
- must reside in Costa Rica
- experience is preferred but not a must
- send CV to [joinus@propertiesincostarica.com](mailto:joinus@propertiesincostarica.com)



Adapted from the Internet

Choose the appropriate option to complete each sentence based on the previous ad. (Items from 17 to 20)

17) The company is looking for people who \_\_\_\_\_.

- A) learn fast
- B) only have experience
- C) only speak one language
- D) like working with residents

- 18) Applicants have to speak \_\_\_\_\_.
- A) only English
  - B) only Spanish
  - C) two languages fluently
  - D) three different languages
- 19) The candidates for the position must \_\_\_\_\_.
- A) rent a car
  - B) have experience
  - C) reside in Costa Rica
  - D) live along the coastal areas in Costa Rica
- 20) For the position, it is not necessary to \_\_\_\_\_.
- A) have a car
  - B) speak English
  - C) have experience
  - D) be dynamic and active

Read the text.

### JAMIE OLIVER

Jamie Oliver is an extremely successful and famous chef, with his own restaurant in the center of London. He started his career since very young. By the age of eight, he had already started cooking at his parents' pub. This was his first job.

Then, after two years at a catering college, and some time spent in France, he started working in restaurants. He worked under three famous chefs before he was spotted by a TV producer at 21, and his life changed.

Even though he had very little experience, he had a great deal of enthusiasm for cooking, and he acted well in front of the camera. His first TV program featured him going around London on his scooter buying ingredients and cooking for his friends.

His recipes are simple, so his recipes do not involve complicated cooking techniques. Jamie Oliver uses plenty of fresh ingredients and herbs, too.



Adapted from New Headway Student Book

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 21 to 24)

- 21) Nowadays, Jamie Oliver has \_\_\_\_\_.
- A) his parents' old pub
  - B) his own pub in France
  - C) a restaurant in London
  - D) a chain of restaurants in Europe

22) Jamie Oliver started cooking \_\_\_\_\_.

- A) in France
- B) at the age of 21
- C) when he was a kid
- D) with professional chefs

23) Oliver's first job was \_\_\_\_\_.

- A) on a TV show
- B) at a pub in France
- C) at his parents' pub
- D) at a restaurant in London

24) Jamie Oliver \_\_\_\_\_.

- A) cooks mainly French dishes
- B) likes cooking complicated dishes
- C) specializes in sophisticated dishes
- D) shows easy procedures for cooking

Read the text.

### WHAT IS A COMPUTER VIRUS?

Computer viruses are small software programs that are designed to spread from one computer to another to interfere with their operation.

A virus might delete data on your computer. It uses your e-mail program to spread itself to other computers, or even erase everything on your hard disk. Viruses are most easily spread by attachments in e-mail messages or instant messages. That is why it is essential that you never open e-mail attachments unless you know the person who is sending the message.

Viruses also spread through downloads on the Internet. They can be hidden in programs you might download. To help avoid viruses, it is essential that you keep your computer safe with the latest updates and antivirus tools.



Adapted from the Internet

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 25 to 27)

25) Computer viruses \_\_\_\_\_.

- A) are e-mail programs
- B) protect your computer
- C) keep your computer updated
- D) interfere with computer operations

- 26) A computer virus can \_\_\_\_\_.
- A) prevent computer infections
  - B) make your computer work better
  - C) delete information on your computer
  - D) update information on your computer
- 27) A way to keep your computer safe is to \_\_\_\_\_.
- A) send e-mails to everybody
  - B) open any e-mail attachments
  - C) delete all the data on your computer
  - D) update your computer with antivirus tools

Read the text.

### MORE TRAFFIC LIGHTS WILL BE REPLACED

The Public Works and Transport Ministry (MOPT) is moving forward with its plan to replace traffic lights in the capital with solar-powered systems. The ministry will begin the third stage of the project next month, and it will start replacing the current traffic lights that run with electricity.

Traffic lights at 159 intersections in San José already run on solar power. The director of the Ministry's Traffic Lights Department said that he expects to end the year with a total of 235 fully operational solar-powered traffic lights, which includes all the Metropolitan Area.

The ministry's Roadway Safety Council will fund the third stage of the project, which will require an investment of one million dollars. MOPT seeks to replace all the Metropolitan Area traffic lights by 2022.



Adapted from [www.ticotimes.net](http://www.ticotimes.net)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 28 to 30)

28) The new traffic lights will run with \_\_\_\_\_.

- A) fuel
- B) electricity
- C) solar energy
- D) artificial light

29) The project will be implemented in the \_\_\_\_\_.

- A) coastal towns
- B) Metropolitan Area
- C) capital city exclusively
- D) seven provinces of the country

30) The third stage of the project will \_\_\_\_\_.

- A) cost \$1 million
- B) finish next month
- C) replace 159 traffic lights
- D) be implemented all over the country

Read the text.

### WHY FRIENDSHIP MATTERS

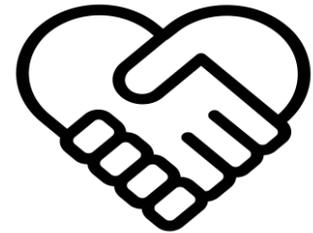
Good friends are essential and vital in our lives. Here are some justifications in support of friendship:

Encouragement and Support: Friends are especially important during times of crisis. If you find yourself going through a hard time, having a friend to help you through can make the transition easier.

Self-esteem: A lack of friends can make you feel lonely and without support. At least one person you can rely on will help to build your confidence, and develop higher self-esteem.

Keeping you active: If you have at least one friend, you will be more likely to get out and start doing things. Friends may also suggest activities that you would not have considered on your own.

Positive influence: Friends can also provide a positive influence. If you make friends with people who are generous with their time, help others, ambitious, or family-oriented, you are more likely to develop those values yourself.



Adapted from [www.verywellmind.com](http://www.verywellmind.com)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 31 to 33)

31) A good friend can make you feel \_\_\_\_\_.

- A) insecure
- B) confident
- C) dependent
- D) unconfident

32) Friendship can help people \_\_\_\_\_.

- A) feel lonely and insecure
- B) develop low self-esteem
- C) develop high self-esteem
- D) become ambitious and selfish

33) Good friends can \_\_\_\_\_.

- A) be a negative influence
- B) ignore you during a crisis
- C) influence people positively
- D) push people to do bad things

Read the text.

### COSTA RICAN VALUES

Costa Ricans have close relatives. Kids live with their parents through their school years and generally don't leave home before marriage. Also, extended families are common and contribute to fairly cohesive communities, particularly in rural areas. This shows the strong values they have. Also, Costa Ricans are known for their relaxing and helpful temperaments as well as their willingness to lend a hand, or even a home, in times of need.

In general, Costa Ricans are often very affectionate and very expressive. It is not bad manners for couples to hug or kiss in public. In fact, it is easy to see couples holding hands and kissing in the streets. thankfulness is an admirable quality with house guests and hospitality is given and received with gratitude. These characteristics are easily appreciated by tourists.



Adapted from the Internet

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 34 to 36)

- 34) Big families have \_\_\_\_\_, especially in rural areas.
- A) weak beliefs
  - B) strong values
  - C) foreign values
  - D) a willingness to leave their homes

35) It is very common to see \_\_\_\_\_ in the streets.

- A) couples arguing
- B) couples holding hands
- C) men mistreating women
- D) locals being unfriendly with tourists

36) Costa Ricans are \_\_\_\_\_ visitors.

- A) suspicious of
- B) unfriendly with
- C) indifferent with
- D) hospitable towards

Read the text.

### HOW CAN SOCIAL MEDIA HELP SENIOR CITIZENS?

Senior citizens are the fastest growing demographic on the internet, and social networks are becoming more popular every day because of the benefits for the elderly. For example, Facebook is a remarkable tool for keeping in touch. Seniors can keep in touch with their kids and grandkids. They can also find their college roommates, best friends from “the block” and elementary school crushes.

On the internet, senior citizens can also watch old television shows and movies, as well as read e-books, articles, blog posts and song lyrics. Just because one is retired, or out of school doesn't necessarily mean one wants to stop learning. Seniors are now taking courses online, reading online books, to keep their minds active because they are now able to keep up with emerging technologies.



Adapted from [www.parkwoodheights.com](http://www.parkwoodheights.com)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 37 to 40)

- 37) Today, the use of the Internet \_\_\_\_\_ between the elderly.
- A) is irrelevant
  - B) has no benefits
  - C) is more common
  - D) has negative effects

- 38) The elderly can \_\_\_\_\_ on Facebook.
- A) join classes
  - B) download e-books
  - C) have problems finding people
  - D) be in contact with their relatives
- 39) Through the Internet, senior citizens can \_\_\_\_\_.
- A) be updated
  - B) stop learning new things
  - C) lose contact with their friends
  - D) find problems with new technologies
- 40) The Internet helps senior citizens to \_\_\_\_\_.
- A) have lazy minds
  - B) develop loneliness
  - C) keep their minds active
  - D) stay away from their families

Read the text.

### DISCOUNT PROGRAM FOR SENIOR CITIZENS

In Costa Rica when people are 65 years or older, they can apply for getting the *Golden Card*. The program is addressed to Costa Ricans and legal residents and they can have some advantages. People always have to present the *Golden Card* together with their ID card to get the benefits. Some of them are:

- people can get in front of the line in banks and governmental offices.
- bus fares around the country are cheaper. If the bus ride is shorter than 25 km, by showing the ID card and the *Golden Card*, they don't have to pay anything for their ride. For longer bus trips of 26 km to 49 km, they receive a discount of 50% and for bus trips of over 50 km they receive a 25% discount.
- senior citizens can find discounts in stores, appliance stores and hotels, among many other businesses.



Adapted from [www.american-european.net](http://www.american-european.net)

Choose the appropriate option to complete each sentence based on the previous text. (Items from 41 to 44)

- 41) Senior citizens must be \_\_\_\_\_ to get the *Golden Card*.
- A) fifty years old
  - B) illegal residents
  - C) only Costa Rican
  - D) sixty-five years old or older

42) To get the benefits, senior citizens have to show \_\_\_\_\_.

- A) only their ID card
- B) exclusively their *Golden Card*
- C) their ID card and their *Golden Card*
- D) an authorization from the government

43) Banks offer \_\_\_\_\_ to the elderly.

- A) faster service
- B) slower service
- C) safer transactions
- D) discounts on bus fares

44) The elderly can get a free bus ride if they travel \_\_\_\_\_.

- A) long distances
- B) short distances
- C) over 50 kilometers
- D) from 26 kilometers to 49 kilometers

Read the text.

### MASS MEDIA AND ITS INFLUENCE ON SOCIETY

The principal function of media in a society is to provide news and information to the masses. People need information to socialize and to make decisions and formulate opinions. Most people in society depend on information to remain connected with the world.

However, mass media also influence negatively kids, teenagers and even adults. For example, people tend to buy what they are told by the media. People make their buying decisions based on what they see on TV, newspapers or magazines. Some disadvantages of mass media in people's lives are related to the ideal image of beautiful men and women containing all the ingredients of a successful person. So teenagers face the fight against obesity, but they are exposed to advertisements of selling junk food, while they are told that the ideal image of a successful person is thin and wealthy.



Adapted from [www.opinion-maker.org](http://www.opinion-maker.org)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 45 to 47)

45) The main purpose of mass media is to \_\_\_\_\_.

- A) sell products
- B) inform people
- C) create ideal images
- D) influence teenagers

46) Media gives the idea that a successful person must \_\_\_\_\_.

- A) be a teenager
- B) watch a lot of TV
- C) have an ideal image
- D) buy only the necessary things

47) Media constantly gives teenagers the message to \_\_\_\_\_.

- A) be fat
- B) eat healthily
- C) accept themselves
- D) be perfectly thin and rich

Read the text.

### CELL PHONE ETIQUETTE

We have all sat next to someone talking too loud on a cell phone. You may want to tell them to end the conversation, but you can only control your own behavior. In order to avoid this uncomfortable situation, here are some tips:

- Keep private conversations in secret: Speak softly and for a short time. Try to move away from others.
- Lights off, phone off: Never take calls in a theater or at the movies.
- Pay attention: Talking on the phone while driving is dangerous.
- Watch where you're going when you're walking down the street.

The next time you're getting ready to make a call, stop and consider the people around you.



Adapted from Interchange 1

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 48 to 50)

48) It is considered impolite to \_\_\_\_\_.

- A) speak loudly at home
- B) speak softly on the phone
- C) end a phone conversation in public
- D) talk loudly on the phone while in public

49) When you are at the cinema, the text suggests \_\_\_\_\_.

- A) calling your friends
- B) talking on the phone
- C) turning off your phone
- D) turning on your phone

50) Talking on the phone while driving is \_\_\_\_\_.

- A) rude
- B) boring
- C) unsafe
- D) secure

# Solucionario

**INGLÉS**  
**PROGRAMA BACHILLERATO A TU MEDIDA 02-2019**  
**RESOLUCIÓN DE LA PRÁCTICA (C)**

Ítem	Clave	Ítem	Clave
1	A	26	C
2	C	27	D
3	B	28	C
4	B	29	B
5	C	30	A
6	A	31	B
7	D	32	C
8	C	33	C
9	C	34	B
10	C	35	B
11	A	36	D
12	B	37	C
13	D	38	D
14	D	39	A
15	B	40	C
16	D	41	D
17	A	42	C
18	C	43	A
19	C	44	B
20	C	45	B
21	C	46	C
22	C	47	D
23	C	48	D
24	D	49	C
25	D	50	C