

# PRÁCTICA (C) INGLÉS

Para la prueba N°.1  
Bachillerato a tu medida  
2019

## Recomendaciones para realizar la práctica

1. Esta práctica contiene 50 ítems de selección única.
2. Lea cuidadosamente cada uno de los ítems.
3. Resuelva cada ítem y elija una respuesta de las cuatro opciones (A, B, C, D) que se le presentan.
4. Una vez realizada la práctica, revise sus respuestas con el solucionario que aparece al final.
5. Se le sugiere repasar los contenidos y objetivos que le presenten mayor dificultad, previo a la realización de la prueba.

SELECCIÓN ÚNICA

50 ÍTEMS

Read the text.

A COSTA RICAN GYMNAST

Mariana Sánchez is a new Costa Rican icon. She is a gymnast and her goal is to become a world-class athlete. Mariana is excellent with the bars, although she prefers the floor routines. Her talent has brought herself to the forefront in the world of gymnastics with a career marked by top finishes in junior competitions. Now Mariana is focused on competing at the elite level in national and international competitions. On a typical day, she trains a total of eight hours with high school classes in between workout sessions.

One of the primary goals of her strict regimen is to participate in the Olympic Games. Her training is sponsored in part by the National Bank. The bank's marketing director says that his organization would like to see Mariana achieve her dreams.



Adapted from [www.amcostarica.com](http://www.amcostarica.com)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 1 to 4)

- 1) Mariana is very good at working \_\_\_\_\_.
- A) with the bars
  - B) on the floor only
  - C) with other gymnasts
  - D) with world-class athletes

- 2) Now Mariana is concentrating on participating in \_\_\_\_\_.
- A) junior competitions
  - B) national junior tournaments
  - C) international tournaments only
  - D) national and international elite competitions
- 3) On a normal day, Mariana \_\_\_\_\_.
- A) only studies
  - B) trains at home
  - C) has a hard routine
  - D) trains at the Banco Nacional
- 4) Mariana trains strictly because she \_\_\_\_\_.
- A) has a unique sponsor
  - B) does not have any experience
  - C) expects to compete in the Olympics
  - D) does not want to be sponsored by the National Bank

Read the text.

### TICOS LOVE SPORTS

There are many good opportunities for people of all interests to exercise in Costa Rica. An event that offers one of the best experiences is Costa Rica's International Marathon. It typically takes place in December and it is open to people of different skill levels.

Bike races are also popular sporting events. One of them is the *Ruta de los Conquistadores* Mountain Bike Race; it is the largest event of its kind in the country. While bike and running races are popular events to attend, the major



sport in Costa Rica is soccer and Costa Ricans really love it. The country hosts a semi-professional and amateur soccer season between May and December. *Mejengas* – which are Sunday morning amateur soccer matches – are a national tradition.

Adapted from [www.govisitcostarica.com](http://www.govisitcostarica.com)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 5 to 8)

5) The Costa Rica's International Marathon \_\_\_\_\_.

- A) takes place in May
- B) takes place twice a year
- C) is open to people of all skill levels
- D) is open to professional runners only

6) Mountain biking is \_\_\_\_\_ in Costa Rica.

- A) popular
- B) never practiced
- C) an irrelevant sport
- D) the most popular sport

- 7) Costa Ricans really love \_\_\_\_\_.
- A) soccer
  - B) running
  - C) climbing
  - D) individual sports
- 8) Costa Ricans \_\_\_\_\_ on Sunday mornings.
- A) play *mejengas*
  - B) go mountain biking
  - C) practice amateur races
  - D) practice individual sports

Read the information.

<p>ONIRICA ART GALLERY</p> 	<p>The Onirica Art Gallery in La Fortuna is an art collector's happy place. This small shop has a great selection of locally made artwork in many different media, from painting and pottery to jewelry. This is a spot where you can find some truly unique pieces. Even if you are not in the market to purchase any artwork, if you find yourself in this area, stop by and check out what local art in Costa Rica is all about.</p>
<p>ARTE JAGUAR GALLERY</p> 	<p>Arte Jaguar Gallery is a beautiful art gallery in the mystical cloud forests of Monteverde. This studio is filled with the exquisite art of Roberto Wesson. His inspiration comes from his surroundings, which are rich in plant and animal life. He uses rich colors and unique techniques to create his paintings.</p>

Adapted from [www.theculturetrip.com](http://www.theculturetrip.com)

Choose the appropriate option to complete each sentence based on the previous information.  
(Items from 9 to 11)

- 9) The Onirica Art Gallery is \_\_\_\_\_.
- A) located in La Fortuna
  - B) located in Monteverde
  - C) managed by Roberto Wesson
  - D) specialized in selling Robert's paintings

10) At Arte Jaguar Gallery , tourists can buy \_\_\_\_\_.

- A) Robert's art
- B) colorful jewelry
- C) paintings and pottery
- D) items made by local artists

11) Both galleries sell \_\_\_\_\_ to tourists.

- A) jewelry
- B) pottery
- C) paintings
- D) souvenirs

Read the text.

### JULIETA DOBLES WON PRIZE

The Magón National Prize for Culture in Costa Rica is a national honor given to an exceptional artist or intellectual, and it celebrates an entire lifetime of cultural contributions. Described by the Culture Ministry as “the highest recognition awarded by the nation of Costa Rica”, this time the Magón Prize went to Julieta Dobles because of her poems.

She studied philology and linguistics at the University of Costa Rica, where she also taught biology. She obtained a Master’s degree in American literature. Her greatest passion, though, is poetry.

Dobles Yzaguirre is the author of several books including *Costa Rica Day by Day*, *Furtive Leave*, and the road poem called *A Journey Too Blue*. She is right now working on a new manuscript, *Traps of Time*.



Adapted from [www.ticotimes.net](http://www.ticotimes.net)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 12 to 14)

12) Julieta Dobles won \_\_\_\_\_.

- A) a philology prize
- B) a linguistic prize
- C) an international award
- D) a national award for culture

13) Julieta Dobles was given the award because of her \_\_\_\_\_.

- A) poetic writings
- B) biology scripts
- C) philology studies
- D) literature surveys

14) At this time, Julieta Dobles is \_\_\_\_\_.

- A) studying literature
- B) writing *Furtive Leaves*
- C) correcting manuscripts
- D) working on her book called *Traps of Time*

Read the text.

### COSTA RICAN FOOD

Costa Rican food is not spicy. It is prepared with rice, beans, corn, vegetables, meat, chicken or fish, and it is usually served with corn tortillas. For breakfast, people usually eat a delicious mixture of rice and black beans known as *gallo pinto* which may include eggs, corn tortillas and sour cream.



*Casados*, popular at mid-day, are huge plates of white rice, beans, fried plantains, salad, diced vegetables, and your choice of meat, chicken or fish. For dinner, soups are a favorite for people.

Fresh fruit drinks are flavorful, nutritious and healthy, and they are also available in all parts of the country. Any kind of fruit, from strawberries to mangoes, is mixed in a blender with crushed ice with either water or milk, and a little honey or sugar.

Adapted from the Internet

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 15 to 18)

- 15) For breakfast, Costa Ricans usually eat \_\_\_\_\_.
- A) a fresh salad
  - B) diced vegetables with meat
  - C) a popular dish called *casado*
  - D) a mixture of rice and black beans

- 16) Gallo pinto may include \_\_\_\_\_.
- A) fruit and eggs
  - B) soup and tortillas
  - C) a plate of tropical fruit
  - D) corn tortillas and sour cream
- 17) Costa Ricans enjoy soups mainly for \_\_\_\_\_.
- A) lunch
  - B) dinner
  - C) breakfast
  - D) breakfast and lunch
- 18) Natural drinks are mixed in \_\_\_\_\_.
- A) caramel
  - B) water or milk
  - C) crushed ice only
  - D) just honey or sugar

Read the text.

### WHAT DO TICOS EAT?

When thinking about Costa Rican food, people would certainly talk about black beans and rice. This standard dish, often called *comida típica*, is the backbone of the local cuisine for breakfast, lunch, and even for dinner.

Costa Rican food is generally quite healthy. Often served with a good portion of vegetables, the meals are very well-rounded with dishes that are high in fiber.

Other factors in the Ticos' healthy mealtime experiences are their eating habits. Firstly, Ticos do not eat in excess. Their modest portions are small. Secondly, they make lunch the main meal of the day. Also, cheese and other dairy products are rarely consumed at lunch time.



Adapted from [www.vivacostarica.com](http://www.vivacostarica.com)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 19 to 22)

19) Costa Ricans base their diet on \_\_\_\_\_.

- A) vegetables
- B) dairy products
- C) rice and beans
- D) unhealthy dishes

20) Most of the Costa Rican dishes are \_\_\_\_\_.

- A) low in fiber
- B) high in fiber
- C) dairy-based
- D) based on vegetables

21) For Costa Ricans, the most important meal is \_\_\_\_\_.

- A) lunch
- B) dinner
- C) breakfast
- D) coffee breaks

22) Ticos rarely eat \_\_\_\_\_ for lunch.

- A) rice
- B) beans
- C) cheese
- D) vegetables

Read the recipe.

### SIMPLE SALMON

#### Ingredients:

- 1 tablespoon garlic powder
- 1 tablespoon dried basil
- 1/2 teaspoon salt
- 4 pieces of salmon
- 2 tablespoons butter



#### Instructions:

- Stir together the garlic powder, basil, and salt in a small bowl.
- Then, rub the spices in equal amounts onto the salmon fillets.
- After that, melt the butter in a skillet over medium heat.
- Finally, cook the salmon in the butter until browned about 5 minutes per side.

Adapted from [www.allrecipes.com](http://www.allrecipes.com)

Choose the appropriate option to complete each sentence based on the previous recipe.  
(Items from 23 to 25)

23) The first step is to \_\_\_\_\_.

- A) dry the basil
- B) melt the butter
- C) stir all the spices
- D) cook the salmon in the butter

24) The recipe needs \_\_\_\_\_.

- A) five ingredients
- B) only two ingredients
- C) one tablespoon of butter
- D) two tablespoons of garlic powder

25) The last step is to \_\_\_\_\_.

- A) cook the spices
- B) season the salmon
- C) cook the salmon in the butter
- D) rub the salmon with the spices

Read the recipe.

### EMERGENCY CHICKEN

#### Ingredients:

- 1 tablespoon butter
- 2/3 cups barbeque sauce
- 1 tablespoon *Lizano* sauce
- 2/3 teaspoons garlic powder
- 1 kilo boneless chicken pieces, cut into strips



#### Instructions:

- First, melt butter in a saucepan over medium heat.
- Second, stir barbeque sauce, *Lizano* sauce, and garlic powder together with the melted butter.
- Then, stir chicken into the sauce mixture to coat.
- After that, add the chicken pieces in the sauce mixture and cook the chicken for about 5 minutes.
- Finally, remove the chicken and serve immediately in a dish.

Adapted from [www.allrecipes.com](http://www.allrecipes.com)

Choose the appropriate option to complete each sentence based on the previous recipe.  
(Items from 26 to 28)

26) The recipe needs \_\_\_\_\_.

- A) only one sauce
- B) two types of sauces
- C) two tablespoons of butter
- D) two tablespoons of *Lizano* sauce

27) The recipe is cooked in a \_\_\_\_\_.

- A) pot
- B) dish
- C) saucepan
- D) tablespoon

28) The chicken is served \_\_\_\_\_.

- A) hot
- B) cold
- C) in a pot
- D) in a saucepan

Read the text.

### SOME COSTA RICAN FESTIVITIES

#### SANTA CRUZ FESTIVAL

During the week of January 15, traditions are revived in honor of Santo Cristo de Esquipulas in Santa Cruz, Guanacaste. Folk dances, marimba, music, rodeo and bullfighting celebrate Costa Rican culture.



#### PALMARES FESTIVAL

For two weeks in January, fairgrounds are set up in town. Dances, concerts, fireworks, food, music and bullfighting highlights the festivity. The festival also hosts sporting events like mountain bike races.

#### BOYEROS DAY

It is celebrated on March 13. A beautiful oxcart parade goes down the streets of San Antonio de Escazú.

#### UNIVERSITY WEEK

On the last week of April, students carry out different activities on the campus of the University of Costa Rica. They include sporting events, parades, concerts, lectures, open-air art shows and hundreds of free activities.

Adapted from Let's go

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 29 to 32)

- 29) Santa Cruz festival is \_\_\_\_\_.
- A) in honor of *boyeros*
  - B) a religious celebration
  - C) a celebration only for students
  - D) very popular in San Antonio de Escazú

- 30) Palmares Festival is celebrated for \_\_\_\_\_.
- A) one day
  - B) two days
  - C) one week
  - D) two weeks
- 31) Boyeros Day is the only celebration that lasts \_\_\_\_\_.
- A) one day
  - B) one week
  - C) two weeks
  - D) many days
- 32) University students celebrate University Week with \_\_\_\_\_.
- A) folk dances and concerts
  - B) concerts and sporting events
  - C) dances, concerts and fireworks
  - D) an oxcart parade around the campus

Read the text.

### A NATIONAL PARTY

The Battle of Rivas, a national holiday, is commemorated on April 11 and is commonly called Juan Santamaría Day. In 1856, Costa Rican troops fought against William Walker's army who was attempting to enslave the country. However, Juan Santamaría approached and burned Walker's hideout.



Unfortunately, Santamaría was killed during a gunfire; and because of this, he is considered a national hero.

The holiday is celebrated in San José and all over the country, but the largest festival is held in the city of Alajuela where Juan Santamaría was born and raised.

Parades are an important part of the celebration. Marching bands play a mix of military, popular and folk music. Parades culminate in festivals offering games and rides for children.

Adapted from the Internet

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 33 to 36)

33) The celebration commemorates \_\_\_\_\_.

- A) William Walker's life
- B) Juan Santamaría's birthday
- C) the troops of William Walker
- D) an important battle in the country

34) The biggest celebration takes place in \_\_\_\_\_.

- A) Alajuela
- B) San José
- C) the city of Rivas
- D) the main cities of the country

35) Juan Santamaría grew up in \_\_\_\_\_.

- A) Rivas
- B) Alajuela
- C) San José
- D) William Walker's country

36) The celebration ends with \_\_\_\_\_.

- A) an oxcart parade
- B) a parade of bands
- C) music performances
- D) festivals with games and rides

Read the text.

### AIR POLLUTION IN COSTA RICA

Costa Rica has air pollution in some areas, but mainly in downtown San José, Heredia, Escazú and Alajuela. These cities suffer from air pollution due to heavy automobile traffic. Fortunately, the Central Valley is windy and a lot of the bad air gets carried away and during the rainy season the air is cleared by the frequent afternoon rains.

That is why, strict vehicle inspections have been done to remove the cars which do not meet emission standards. However, during rush hour gas emissions rise considerably, and this affects people's health, mainly those with respiratory problems.

Because of this reason, it is better to live out of the metropolitan zone. Most rural towns are perfect places; there are more trees and less cars. Also, most of the beach areas are sparsely populated when compared to the country's cities so they have less air pollution.



Adapted from [www.liveincostarica.com](http://www.liveincostarica.com)

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 37 to 39)

- 37) The main cause of air pollution in the metropolitan zone is the \_\_\_\_\_.
- A) rainy season
  - B) car emissions
  - C) afternoon rains
  - D) wind in the area

- 38) Air pollution mainly affects the \_\_\_\_\_.
- A) countryside
  - B) beach towns
  - C) uncrowded areas
  - D) metropolitan zone
- 39) During the rush hour in Costa Rica, gas emissions \_\_\_\_\_.
- A) remain stable
  - B) are totally controlled
  - C) increase significantly
  - D) decrease considerably

Read the text.

### GUADALUPE FUR SEAL

This seal is only found on Guadalupe Island, an island off the coast of Baja California, Mexico. Sealers almost hunted it to extinction before anyone realized that it was different from any other species of fur seal. It may have once lived on other islands including San Miguel in California, USA, where the Guadalupe fur seal is still occasionally seen.

Between 1800 and 1820, sealers almost wiped out the species, but enough of the animals survived. Thereafter, the species was rarely seen. Two were taken to the San Diego Zoo in 1928 and a small breeding colony was rediscovered in 1954.

Guadalupe fur seals have been seen eating fish and squid, but other than this, scientists know very little about their habits. Mexican and American laws protect the Guadalupe fur seal. The island of Guadalupe was declared a seal reserve in 1975.



Adapted from Endangered Species

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 40 to 42)

- 40) The Guadalupe fur seal only lives in the \_\_\_\_\_.
- A) United States
  - B) zoo of California
  - C) coast of San Miguel
  - D) Island of Guadalupe

41) The Mexican and American governments \_\_\_\_\_.

- A) protect the fur seal
- B) trade with the seal skin
- C) allow the hunting of the fur seal
- D) have seal breeding colonies in zoos

42) In the middle of the 70s, the \_\_\_\_\_.

- A) seal population grew
- B) Guadalupe seal almost disappeared
- C) United States created laws to protect the seal
- D) Guadalupe Island was proclaimed as a seal reserve

Read the information.

### TORTUGA ISLAND

In Puntarenas, tourists will board a yacht to Tortuga Island, a beautiful island located in the Gulf of Nicoya. At Tortuga Island, they will enjoy great ocean views, live music and relaxing in a beautiful white sandy beach.

Prize:

Foreigners: adults \$130, children (3-11 years) \$100.

Nationals and residents: adults \$100, children (3-11 years) \$90.

What's Included:

- Ground transportation from San José
- Bilingual guide (English/Spanish)
- A light breakfast
- Tropical fruit and natural soft drinks
- Buffet lunch at the beach



What's Extra:

It is important to bring sunblock, hat, camera and comfortable clothing.

Adapted from [www.toursparadise.com/tour/tortuga-island/](http://www.toursparadise.com/tour/tortuga-island/)

Choose the appropriate option to complete each sentence based on the previous information.  
(Items from 43 to 46)

43) During the tour, tourists will enjoy \_\_\_\_\_.

- A) seeing turtles
- B) buying clothing
- C) eating a light dinner
- D) relaxing in a white sandy beach

- 44) The tour includes \_\_\_\_\_.
- A) camera
  - B) sunblock
  - C) three meals
  - D) breakfast and lunch
- 45) Local adult tourists have to pay \_\_\_\_\_ dollars.
- A) ninety
  - B) one hundred
  - C) one hundred thirty
  - D) one hundred ninety
- 46) Tourists have to bring \_\_\_\_\_.
- A) drinks
  - B) their lunch
  - C) lunch for sharing
  - D) comfortable clothing

Read the text.

### SAN GERARDO DE DOTA

San Gerardo de Dota is a beautiful and relaxing town with dense vegetation, typical houses and hotels. In this place, there is an abundant biodiversity of birds, and virgin forests with abundant wildlife and plants.

Here are some activities tourists can do in San Gerardo de Dota:

Birdwatching Tour: Although birds can be observed the entire year, the observation is more frequent in April and May. The Chacón brothers have opened some cabins for people to come and observe birds.

Fruit Tour: An experience to know the process of growing and processing fruit.

Horseback Riding Tour: It takes visitors all over town and offers the chance to know different paths and destinations of the area.



Adapted from <http://www.ecotourism.co.cr>

Choose the appropriate option to complete each sentence based on the previous text.  
(Items from 47 to 50)

- 47) San Gerardo de Dota is a good place for people who \_\_\_\_\_.
- A) love nature
  - B) avoid animals
  - C) like crowded places
  - D) dislike being in contact with nature

48) The Chacón brothers manage \_\_\_\_\_ in San Gerardo.

- A) a hotel
- B) some cabins
- C) camping areas
- D) some apartments

49) In San Gerardo, visitors can \_\_\_\_\_.

- A) see a few birds
- B) stay only in cabins
- C) watch birds only in April and May
- D) go horseback riding around the town

50) For birdwatchers, the best time to go is \_\_\_\_\_.

- A) after May
- B) before April
- C) in April and May
- D) at the end of the year

# Solucionario

## INGLÉS

### PROGRAMA BACHILLERATO A TU MEDIDA 01-2019 RESOLUCIÓN DE LA PRÁCTICA (C)

Ítem	Clave	Ítem	Clave
1	A	26	B
2	D	27	C
3	C	28	A
4	C	29	B
5	C	30	D
6	A	31	A
7	A	32	B
8	A	33	D
9	A	34	A
10	A	35	B
11	C	36	D
12	D	37	B
13	A	38	D
14	D	39	C
15	D	40	D
16	D	41	A
17	B	42	D
18	B	43	D
19	C	44	D
20	B	45	B
21	A	46	D
22	C	47	A
23	C	48	B
24	A	49	D
25	C	50	C